

## What to Expect During the IUD Insertion?

An IUD placement in the uterus is a non-surgical procedure by your healthcare provider during an in-office visit or immediately after giving birth.

During the Intrauterine Device (IUD) procedure your healthcare provider might:

Step 1



Insert a Speculum into your vagina to help inspect your cervix.

Step 2



Stabilize your cervix with a long-handled, slender instrument which is called a Cervical Tenaculum.

Step 3



Measure the depth of your uterus with an instrument called a uterine sound.

Step 4



Insert the IUD

Step 5



Remove the instruments and trim the IUD strings.

### DID YOU KNOW?

Cervical Tenaculum is used by providers to stabilize the cervix by holding the cervix tissue.

Common side effects experienced by women are pain, bleeding or dizziness during or after placement.

A source of pain during the procedure is attributed to the Cervical Tenaculum (step 2).

## What is the Tenaculum and how Carevix™ might help?

- The Tenaculum is a surgical instrument commonly used in gynecology to stabilize the cervix and hold the uterus in position.
- It resembles a pair of scissors and while highly effective, it often causes pain and bleeding.
- Carevix™ is a modern alternative to the Tenaculum. It has been designed to reduce pain and bleeding in transcervical procedure such as an IUD.
- It leverages vacuum technology to grasp the cervix delivering a gentle yet strong traction.

### DID YOU KNOW?

Solutions, such as Carevix™ exists that can reduce pain between **30% and 73%**



## Clinical Evidence Supporting Carevix™

- During a clinical study, 100 patients were involved to measure pain experienced during IUD procedures.
- The study was a head to head comparison between using Carevix™ and the Tenaculum.
- This study took place at two leading University Hospitals in Switzerland.
- The results showed significant pain and bleeding reduction by using Carevix™.

### Pain Reduction with Carevix™

- All Women

Pain Reduction with Cervix Traction

**52%** less

Pain Reduction with IUD Insertion

**30%** less

### Pain Reduction with Carevix™

- Nulliparous Women

Pain Reduction with Cervix Traction

**73%** less

Pain Reduction with IUD Insertion

**44%** less

### Bleeding Reduction with Carevix™

All Women

**78%** less

*“Carevix™ is a promising alternative with the potential to dramatically improve the IUD placement experience for women around the world.”*

Dr. Michal Yaron, Study Investigator,  
University Hospital of Geneva



## References

1. Yaron, M., et al. An Innovative Atraumatic Uterine Cervical Traction Device: A Randomized Trial. Poster presented at: European Society of Contraception and Reproductive Health. Ghent - Belgium, May 2022.a
2. Aspivix data on file.

## Brief Statement

This information does not take the place of talking with your gynecologist or other healthcare provider who specializes in women's health. If you have any questions, ask your healthcare provider. For further information, contact Aspivix at [contact@aspivix.com](mailto:contact@aspivix.com) and/or consult the Aspivix website at [www.aspivix.com](http://www.aspivix.com).

## About Aspivix

We're a medical device start-up from Switzerland. A nimble team of engineers, scientists, gynecologists and seasoned medical technology experts fully devoted to women's healthcare. Our vision at Aspivix is to make **Gynecology. Now modern.**

### ASPIVIX SA

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**carevix™**  
Suction Cervical Stabilizer

What do you need to know about reducing pain through IUD placement with Carevix™.



**30% to 73% pain reduction**  
during IUD placement

IUD = Intrauterine Device





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pain through IUD placement with Carevix™?

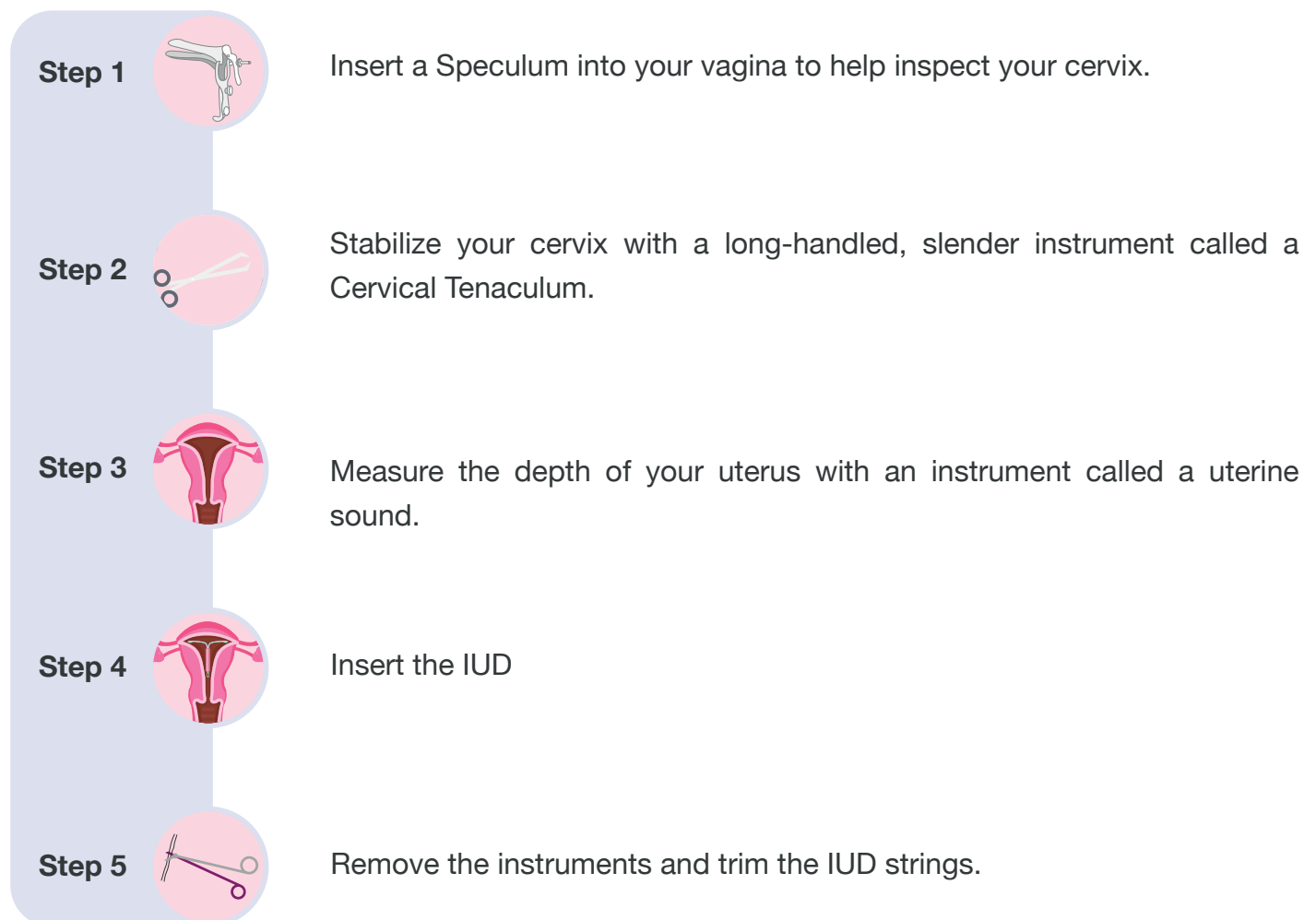


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